

THE WEEKLY BREAKTHROUGH: AUTUMN SEASON

THE 4 PHASES OF DESIRE PART 1

WITH SARAH WESTON

JOIN THE CLASS CHAT



WORKSHOP

THINK OF SOMETHING IN YOUR LIFE WHERE YOU KEEP SAYING:

'WHY DOES THIS ALWAYS HAPPEN TO ME?'

WORKSHOP

TURN TO THE PERSON NEXT TO YOU AND SHARE – BUT START WITH THIS PHRASE:

'APPARENTLY, I'M **VERY GOOD AT
MANIFESTING...'**

PHASE 1

KETER **PASSIVE DESIRE**

WHERE DO I HAVE COMPETING DESIRES?

WHAT DO I WANT
VS
HOW MUCH DO I ACTUALLY
WANT IT?

WHERE DO I HAVE
PASSIVE DESIRE?

THE WEEKLY BREAKTHROUGH: AUTUMN SEASON

NEXT WEEK
OCT. 6

THE 4 PHASES OF DESIRE PT. 2
WITH SARAH WESTON